

# **Key Themes from Tuesdays with Nexus 20 October 2020 - 9.30am**

#### This is Our week without violence week

### 32 people attended this session – Thank you for your participation.

**Presentation** by Pauline Wright, Berry Street – COVID-19 and the impacts on Family Violence and Family Services

Shadow Pandemic video discussed regarding the vulnerable people who are invisible in the pandemic.

No face-to-face has impacted connection with clients.

Fluctuations in presentations are always evident around times of celebration eg football grand final – increased alcohol and increased FV, public holidays more stressful as everyone is home, Show days or family outings – increased stress for the family.

More Physical assaults are evident currently and also increased number of people self referring, esp when taking kids to school as they can get a free space to make calls now.

Orange Door referrals were reduced by 40% during COVID lock down but will likely increase

Increased number of young people reporting FV as victims and as perpetrators of FV

Increased elder abuse due to confined living situation

New funding is being provided by the Government to boost FV services – recruitment is occurring but difficult to find suitable qualified people

#### Links shared:



https://www.unwomen.org/en/news/in-focus/in-focus-gender-equality-in-covid-19-response/violence-against-women-during-covid-19

https://nrch.com.au/join-the-week-without-violence/?mc cid=39846908ab&mc eid=c0c3d94b26

https://www.nifvs.org.au/

#### **Extra Resources**

Sally provided updates on the stats for AOD Residential rehab and withdrawal service beds – see attachments.

Turning Point are screening a show on SBS 10 November 2020 – "Addiction" (lived experience profiles)

Family drug help and gambler's help updates – seeing increasing number of requests for referral where FV is a factor.

www.familygamblinghelp.org.au

https://www.sharc.org.au/family-drug-help/

**Homs for Homeless** 

1700 new homes are being built for homeless sector clients where they can have 18 mths of housing and 24 mths of support starting 20/11/2020 <a href="https://www.premier.vic.gov.au/homes-homeless-victorians-during-pandemic-and-beyond">https://www.premier.vic.gov.au/homes-homeless-victorians-during-pandemic-and-beyond</a>



#### **Key Service Updates**

To re-watch the Harm Reduction webinar by Nexus Dual Diagnosis Service go to...

https://www.emphn.org.au/what-we-do/mental-health/north-east-mental-health-service-coordination-alliance-nemhsca/nemhsca-events

New webinar for NEMHSCA

# Relapse Prevention: How to explore the early warning signs of Psychosis

This webinar will demonstrate a simple to use relapse prevention planning tool known as the Back in the Saddle (BITS) model. Upon registration you will receive the Relapse Prevention cards used in this exercise.

General Admission through www.sli.do

**Slido code (95080)** 

Thursday Oct 22nd<sup>th</sup> 2020 10.00am-11.00am

Register throughwww.eventbrite.com.au/e/124212594213









### **Next session:**

"The secret world of gambling is the big bad wolf of addiction. Because it can blow your house away before you even know it!" The impact on Families.

Angela Ireland, Gambling Project Officer, Self Help Addiction Resource Centre (SHARC)

The Impacts on culturally and linguistically diverse communities from the Northern growth corridor during COVID-19 – A culturally diverse perspective. Tahseen Qadeer, Whittlesea Council.

'Tuesdays with Nexus' - A weekly interactive online session



Tuesday's - 27/10/2020 9.30 am - VIC Date:

Start time: